



JAMMU AND KASHMIR PSYCHIATRIC SOCIETY

IN COLLABORATION WITH

INDIAN PSYCHIATRIC SOCIETY

P R E S E N T S

2nd ANNUAL CONFERENCE JKCIPS' 26

THEME 2026

Mental Healthcare in the
Age of AI and Human Connection

IN JAMMU

18-19TH DECEMBER' 2026



Heartfelt thanks to our office bearers

IPS office bearers



Dr. T.S.S. Rao
President



Dr. Om Prakash Singh
Vice- President



Dr. Arun V. Marwale
Hon. General Secretary



Dr. L.N Vadlamani
Hon. Treasurer



Dr. Sujit Sarkhel
Editor (IJ Psychiatry)

Messages from the IPS Office Bearers:

It gives me immense pleasure to convey my warm greetings and best wishes to the organizing committee, distinguished faculty, delegates, and all participants of the Second State Conference of the Jammu & Kashmir Chapter of the Indian Psychiatric Society (JKCIPS 2026).

I have fond memories of attending JKCIPS 2025, the inaugural conference of the newly established Jammu & Kashmir Chapter, in my capacity as the President-Elect of the Indian Psychiatric Society. Even at its inception, the conference reflected remarkable enthusiasm, academic excellence, and a strong commitment to advancing mental healthcare. It is indeed gratifying to witness how, within a short period, the Chapter has grown into a vibrant academic forum, fostering scientific exchange, professional collaboration, and continuing psychiatric education. The rapid progress of the Jammu & Kashmir Chapter stands as a testament to the dedication and collective efforts of its leadership and members.

The theme of this year's conference, "Mental Health in the Age of AI and Human Connection," is both timely and forward-looking. While artificial intelligence is redefining many aspects of psychiatric practice, education, and research, it is our responsibility to ensure that innovation is guided by the enduring principles of empathy, ethics, and patient-centered care. The future of psychiatry will depend not only on technological advancement but also on our ability to preserve the human connection that remains the cornerstone of our profession.

As I now serve the Indian Psychiatric Society as its Honorary President, it is immensely satisfying to see the Jammu & Kashmir Chapter continue its journey with such energy and purpose. The growth of vibrant state chapters strengthens the Society as a whole and reflects our shared commitment to excellence in mental healthcare across the country.

I congratulate the organizing committee for their vision, meticulous planning, and dedicated efforts in organizing this prestigious scientific event. I am confident that JKCIPS 2026 will provide an excellent platform for meaningful academic deliberations, productive collaborations, and the exchange of innovative ideas that will further strengthen psychiatric practice and mental healthcare. I wish the conference every success and all delegates an enriching scientific experience and a memorable stay in the beautiful Union Territory of Jammu & Kashmir.

With warm regards and best wishes,



Dr. T. S. S. Rao
Honorary President
Indian Psychiatric Society



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Messages from the IPS Office Bearers:

It gives me immense pleasure to extend my warm greetings and best wishes to the organizing committee, distinguished faculty, office bearers, delegates, and all participants of the Second State Conference of the Jammu & Kashmir Chapter of the Indian Psychiatric Society (JKCIPS 2026).

It was indeed a privilege for me to be present at JKCIPS 2025, the inaugural annual conference of the newly constituted Jammu & Kashmir Chapter of the Indian Psychiatric Society. Witnessing the enthusiasm, academic excellence, and organizational commitment of the members during that landmark event was truly inspiring. In a remarkably short span, the Chapter has demonstrated exceptional progress, emerging as a vibrant academic forum committed to advancing mental healthcare, fostering professional collaboration, and promoting psychiatric education in the region. This rapid growth is a testament to the vision, dedication, and collective efforts of its leadership and members.

The theme of this year's conference, "Mental Health in the Age of AI and Human Connection," is highly relevant in today's rapidly evolving healthcare landscape. Artificial intelligence is reshaping the future of psychiatry by enhancing clinical decision-making, expanding access to mental healthcare, facilitating research, and enabling personalized treatment approaches. At the same time, we must remember that the essence of our profession lies in empathy, compassion, ethical practice, and the therapeutic alliance—qualities that no technology can replace.

As psychiatrists, our responsibility is to embrace innovation while ensuring that advances in artificial intelligence strengthen, rather than diminish, the human connection that remains central to healing. The thoughtful integration of technology with evidence-based and person-centered care will define the future of our specialty.

I am confident that JKCIPS 2026 will provide an outstanding platform for scientific deliberations, exchange of ideas, and meaningful collaborations among mental health professionals from across the country. Such academic gatherings not only enrich our knowledge but also reinforce our shared commitment to improving the mental health and well-being of our communities.

I congratulate the organizing committee for their vision, meticulous planning, and unwavering dedication in organizing this prestigious conference. I wish JKCIPS 2026 great success and all delegates a rewarding academic experience, warm fellowship, and a memorable stay in the breathtaking Union Territory of Jammu & Kashmir.

With warm regards and best wishes,



Dr. Om Prakash Singh
President-Elect
Indian Psychiatric Society

It gives me great pleasure to extend warm greetings and best wishes to the organizers, faculty, and delegates of the second State Conference of the Jammu & Kashmir Psychiatric Society. I welcome all office bearers, EC members, speakers & delegates to "paradise on earth" so called because of snow capped peaks of Himalayas, glassy lakes & emerald valleys.

The conference theme, "Mental Health in the Age of AI and Human Connection," is both timely and thought-provoking. As artificial intelligence rapidly transforms healthcare, it offers remarkable opportunities to strengthen psychiatric practice through improved diagnostics, personalized interventions, predictive analytics, and wider access to mental health services. Yet technology can never replace the essence of psychiatry—the therapeutic relationship grounded in empathy, trust, compassion, and human connection. As psychiatrists, we must embrace innovation while ensuring that technological advances complement, rather than compromise, the humanistic values that define our profession. Our challenge is to integrate AI ethically and responsibly, safeguarding patient autonomy, confidentiality, and dignity while enhancing our ability to deliver evidence-based, person-centered care.

I am confident that this conference will serve as an excellent platform for meaningful discussion, exchange of ideas, and collaborative learning among mental health professionals. The deliberations will undoubtedly inspire us to harness the potential of emerging technologies while reaffirming our commitment to compassionate and holistic mental healthcare.

On behalf of the Indian Psychiatric Society, I congratulate the organizing committee for choosing such a relevant theme and for their dedicated efforts in organizing this academic event. I wish the conference every success and all delegates an enriching scientific experience and a memorable stay in the beautiful Union Territory of Jammu & Kashmir.

With warm regards and best wishes,



Dr. Arun V Marwale,
Hon General Secretary,
Indian psychiatric society.



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Messages from the IPS Office Bearers:

It gives me immense pleasure to extend my warm greetings to the Organising Committee, special invitees, Speakers and all the delegates of the Second Annual Conference of the Indian Psychiatric Society, Jammu & Kashmir State Branch – JKCIIPS 2026.

I congratulate the Organising Committee and the CME Committee on choosing a theme as timely and thought-provoking as "Mental Healthcare in the Age of AI and Human Connections." As artificial intelligence increasingly finds its way into clinical decision-making, diagnostics, and patient engagement, psychiatrists and Psychiatry stands at a defining crossroads. This theme captures that moment with great foresight — exploring how technology can meaningfully be used in psychiatric care, while maintaining the therapeutic alliance, empathy, and human connection.

The J&K State Branch has, over the past few years, shown remarkable resilience in organising several academic programs in the region sometimes under challenging circumstances. This conference is a testament to that spirit, and I am confident that JKCIIPS 2026 will offer delegates a rich blend of scientific rigour and clinical wisdom.

I extend my heartfelt wishes to the Organising Committee for a conference that will be academically enriching and memorable in every way, and I look forward to the deliberations and outcomes of JKCIIPS 2026.

With warm regards and best wishes,



Dr. Laxmi Naresh Vadlamani
Hon. Treasurer,
Indian Psychiatric Society

It gives me immense pleasure to extend my warm greetings and best wishes to the organizing committee, distinguished faculty, office bearers, and delegates of the Second State Conference of the Jammu & Kashmir Chapter of the Indian Psychiatric Society (JKCIIPS 2026).

It was my privilege to be a part of JKCIIPS 2025, the inaugural conference of the newly constituted Jammu & Kashmir Chapter of the Indian Psychiatric Society. The enthusiasm, academic excellence, and spirit of collaboration displayed during that landmark event were truly commendable. It is particularly gratifying to witness the remarkable progress made by the Chapter in such a short period. Through its vibrant academic initiatives and unwavering commitment to professional development, the Chapter has established itself as a promising contributor to the growth of psychiatry in the region.

The theme of this year's conference, "Mental Health in the Age of AI and Human Connection," reflects one of the most important conversations shaping contemporary mental healthcare. As artificial intelligence continues to influence clinical practice, education, and research, it is essential that we harness these advancements responsibly while preserving the values that define our profession—empathy, ethical practice, scientific integrity, and the therapeutic alliance. Conferences such as JKCIIPS provide an ideal platform to deliberate on these evolving challenges, exchange ideas, and strengthen our collective commitment to delivering compassionate, evidence-based psychiatric care.

I congratulate the organizing committee for their vision, meticulous planning, and dedicated efforts in organizing this prestigious scientific event. I am confident that JKCIIPS 2026 will provide an excellent forum for meaningful academic deliberations, productive collaborations, and the exchange of innovative ideas that will further strengthen psychiatric practice and mental healthcare. I wish the conference every success and all delegates an enriching scientific experience and a memorable stay in the beautiful Union Territory of Jammu & Kashmir.

With warm regards and best wishes,



Dr. Sujit Sarkhel
Editor
Indian Psychiatric Society



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Patron



Dr. Hamid-ullah-shah
Patron



Dr. U K Mehta
Patron



Dr. Jagdish Raj Thappa
Patron



Dr. Showkat A Mir
Advisor



Dr. Mohammad Aslam
Advisor



Dr. G A Wani
Advisor



Dr. Aejaz Ahmad Khan
Advisor

Message from the Patrons & Advisors

Dear Delegates and Colleagues,

It is our pleasure to extend our warm greetings to all participants of JKCIPS 2026. As mental health continues to gain the attention and importance it deserves, this conference stands as a valuable platform for learning, collaboration, and progress. We are confident that the exchange of knowledge and experiences during these academic deliberations will inspire fresh perspectives and strengthen our collective commitment to advancing mental healthcare. We wish all delegates a rewarding scientific experience and a memorable stay in Jammu.



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Dr. Fazle Roub
Member to Co-ordinate with APSI

Dr. Ubaid Rasool
Member to Co-ordinate with IPS

Message from the Office Bearers & Executive Body

Dear Colleagues,

Psychiatry today stands at the crossroads of science, compassion, and societal change. As we gather for JKCIPS 2026, we are reminded that every advancement in mental healthcare begins with a shared vision, meaningful dialogue, and a commitment to improving lives.

This conference is more than an academic event, it is an opportunity to challenge perspectives, inspire innovation, and strengthen the collective voice of mental health professionals.

We hope JKCIPS 2026 sparks new ideas, fosters lasting collaborations, and reinforces our resolve to build a future where mental health receives the attention, understanding, and care it truly deserves.

Together, let us shape the future of mental healthcare.



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Welcome Message

Dear Colleagues,

On behalf of the Jammu & Kashmir Psychiatric Society (JKPS), it is our privilege and pleasure to welcome you to **JKCIPS 2026**, organized in collaboration with the Indian Psychiatric Society.

This conference brings together distinguished experts, academicians, researchers, and mental health professionals from across the country to share knowledge, exchange ideas, and explore advancements in psychiatric care.

Through enriching scientific sessions and meaningful discussions, we aim to foster learning, collaboration, and innovation in mental health.

Hosted in the vibrant city of Jammu, known for its rich heritage, scenic beauty, and warm hospitality, we hope this conference offers not only an exceptional academic experience but also lasting professional connections and memorable moments.

We look forward to your active participation in making **JKCIPS 2026** a truly inspiring and successful event.

Organising Committee



Dr. Manu Arora
Organising Chairperson



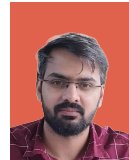
Dr. Tajamul Hussain
Organising Chairperson



Dr. Abhishek Chowhan
Organising Secretary



Dr. Rajesh Chandel
Organising Secretary



Dr. Parvaiz Alam
Treasurer



Dr. Rohit Jasrotia
Co-Organising Chairperson



Dr. Warris Ahmed Zargar
Co-Organising Chairperson



Dr. Parul Gupta
Joint Organising Secretary



Dr. Bilal Ahmed Bhat
Joint Organising Secretary



Dr. Preeti Kour
Co-Treasurer



Dr. Rouf Ahmed Mir
Co-Treasurer

Dr. Arshad Hussain, Chairperson Scientific Committee



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Awards & Accolades



DR. ERNA HOCH **Young Psychiatrist of the Year Award**

In honour of Dr. Erna Hoch's pioneering contributions to psychiatry in Jammu & Kashmir, JKCIPS 2026 proudly announces a special award celebrating innovation, compassion, and excellence among the next generation of psychiatrists.



DR. A. A. BEIGH **Best Paper Award**

Dr. A. A. Beigh has been a distinguished figure in the development of psychiatry in Jammu and Kashmir. His remarkable contributions to clinical practice, teaching, and Institution building have left an enduring impact on the mental health landscape of the region.



DR. R. K. CHOUDHARY **Best Poster Award**

Named in honour of Dr. R. K. Choudhary, a stalwart of psychiatry in Jammu, who is credited with pioneering and transforming the field in the region. His vision and dedication continue to inspire generations of mental health Professionals.



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Step into the Autumn of Academia

Register Today !

Registration Fee JKCIPS 2026

CATEGORY	EARLY BIRD REGISTRATION TILL 15TH SEPT	FROM 15TH SEPT TO 30TH OCTOBER	FROM 1ST NOVEMBER ONWARDS AND ON SPOT REGISTRATION
IPS MEMBER	INR 4,000	INR 6,000	INR 7,000
PG STUDENT (MEDICAL)	INR 2,500	INR 4,500	INR 6,000
PG STUDENT (NON-MEDICAL)	INR 2,000	INR 4,000	INR 5,000
NON-MEMBER DELEGATE	INR 5,000	INR 7,000	INR 8,000
CORPORATE DELEGATE	INR 10,000	INR 15,000	INR 18,000
ACCOMPANYING PERSON OF NON- JKPS MEMBER (ONLY ONE PER DELEGATE)	INR 2,000	INR 4,000	INR 5,000
ACCOMPANYING PERSON OF JKPS MEMBER (ONLY ONE PER DELEGATE)	INR 1,000	INR 2,000	INR 2,500
SPECIAL INTEREST DELEGATE	INR 1,000	INR 1,500	INR 2,000
NON-PSYCHIATRISTS	INR 3,000	INR 4,000	INR 5,000

Registration & Awards Information

- Registration is free for JKPS members.
- Workshops have limited seats (30 per workshop) — register fast!
- For the Erna Hoch Young Psychiatrist of the Year Award, if you are 45 Years or less in age submit your best publication (full paper) along with your CV highlighting your contributions to jkcips2026@gmail.com
- For Best Paper/Best Poster Award submit your abstract to jkcips2026@gmail.com. The award will be chosen among the papers/Poster presented during the conference by the jury
- For poster/ free paper presentation, send your abstracts to jkcips25@gmail.com
- Last date for submission: 15th November 2026
- All awards will be decided by a jury based on preset guidelines
- Special interest delegates: This Category applies to participants who wish to register for a single day to attend any one of the workshops, or attend the conference online (With lunch on said day, without registration kit)
- Non-Psychiatrists: Faculty from other departments (medical or non-medical).

Scan **QR** Code
To Register



or Link: <https://bit.ly/jkcipsform2026>

Payment details:

Ac Title: JKCIPS 2026
Ac No: 20100085631541
IFSC: BDBL0001730
GST no.: 01AAPAJ2567B1ZY

For queries related to registration
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Dr Preeti Kaur +91 7006816340

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Dr Javid Ahmad Sheikh +91 70069 88071



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Explore JAMMU BEAUTY

From serene landscapes to spiritual sanctuaries,
Jammu invites you to experience its timeless charm.



Shri Mata Vaishno Devi

50 km



Nestled amidst the majestic Trikuta Hills, Mata Vaishno Devi is one of India's most revered pilgrimage destinations, attracting millions of devotees each year. The spiritual atmosphere, scenic mountain trails, and breathtaking views make it an unforgettable experience.

Shahdara Sharief

177 km



Nestled amidst the picturesque Pir Panjal mountains in Rajouri district, Shahdara Sharief is a revered Sufi shrine dedicated to Baba Ghulam Shah Badshah. Known for its spiritual significance, scenic surroundings, and message of peace and harmony, it attracts devotees and visitors from across the country.



Patnitop

110 km



A charming hill retreat surrounded by pine forests and rolling meadows, Patnitop offers panoramic views, pleasant weather, and a refreshing escape into nature.



Bhaderwah Valley

190 km



Known as the "Mini Kashmir" of Jammu, Bhaderwah captivates visitors with its verdant meadows, majestic deodar forests, sparkling streams, and panoramic Himalayan vistas. A perfect blend of natural beauty, adventure, and serenity, it is one of the region's most enchanting destinations.

